



## Emergency Protocol for the Antigua Optimam Event

10<sup>th</sup>-18<sup>th</sup> July 2016

### Ashore:

1<sup>st</sup> Aid Centre in The Dockyard (Medical Students & nurses, Doctor on stand-by)

Open July 11, 2016 0900-1700

July 12-17, 2016 0800-1030 and 1400-1700

ABSAR (Antigua and Barbuda Search and Rescue) on call **24/7** +1 268 562 1234, Medic Station, at Antigua Yacht Club Marina Resort, manned during Office Hours by a Physician's Assistant.

- All Emergency Services, phone 911
- Local Police, The Police Station just outside The Dockyard, +1 268 460 1002
- Major Trauma Centre, Woods Centre, St Johns +1 268 562 1168 or +1 268 729 3752
- Medical Surgical Associates, Woods Centre, St. John's +1-268-481-5202 (Dr. John)
- Local Government Hospital (St Johns) +1 268 848 2754

Regatta Contacts:	Chairman	Paola Vittoria	+1 268 464-3471
	Local Race Officer	Clare Cupples-Leader	+1 268 783 8815
	Race Office	Anmeris Calle	+1 268 725 6451

### Afloat:

ABSAR RIB VHF Ch 16/06, (Paramedic and response 1<sup>st</sup> Aiders.)

In the unlikely event that ABSAR have to respond to an alternative emergency:

Main Committee Boat, VHF Ch 06 or +1 268 783 8815 (MCA Medical Care at Sea & Retired Nurse)

Rescue Boats (RYA 1<sup>st</sup> Aiders) VHF Ch 06

### Protocol:

ABSAR will be first responders, they will access and administer 1<sup>st</sup> Aid to any casualties, transporting by RIB. Secondary Aid will be administered at the Medic Station until the casualty can be transported to Dr John's Private Clinic in St Johns, using their ambulance. NB: An alternative destinations i.e. the Public Hospital, can be requested

In the unlikely event ABSAR are unavailable, triage and 1<sup>st</sup> aid will be provided by either the 1<sup>st</sup> Aid Centre (ashore) or the Main Committee Boat, "Charisma" (afloat) and casualty will be transported ashore by one of the mark boats and then by EMS ambulance to St Johns.

In the event of having to clear the Race Area in an emergency, in accordance with Sailing Instruction 20.6 the Committee Boat will hoist flag Victor and make continual sound signals. All official boats will monitor VHF Ch 06. If it is deemed necessary to clear the area all official boats will accompany the Optimists in their area (regardless of nationality), and ensure that all competitors get ashore safely. Due to their superior visibility the Committee Boats will be the last off the water.